



## Hello! Bonjour! Intro to Canadian Life EX. version

Hello everyone! It's your Coordinator of International relations (CIR) Mary again. In the Kyotanabe City newspaper- **Hotto Kyotanabe 2018 November issue**, I introduced about UBC and its significance being a film shooting site. In this web column, I will introduce about Thanksgiving Day. Because of the difference in harvest season, Thanksgiving Day in Canada is set to be the second Monday of October where as in the U.S Thanksgiving Day is set to be the fourth Friday in November. It is believed that the harvest cycle is a bit different from the two countries and Canadian winter usually comes earlier than the U.S This year, Thanksgiving Day was on October 8<sup>th</sup>. Because it is always on a Monday to make three-day holiday, in Canada we call this "long weekend".

### The Origin of Thanksgiving Day

The first Thanksgiving Day was celebrated by the English voyager Martin Frobisher in 1578. When his team and he landed in Newfoundland they celebrated according to the English tradition. After Canadians begin to celebrate Thanksgiving Day when the military winds the batter or that when illness is cured. It is seen as a celebration and appreciation of the good times.

### How to Celebrate

Thanksgiving Day has been designated as public holiday since 1870 (1873 for the U.S). In modern days today, the meaning of Thanksgiving has less to do with religion now. More so, it is seen as a time for families and friends to gather together. They can enjoy the food together and talk to each other. In my house, my mom will make Taiwanese dishes. Because my family does not eat turkey we have chicken dishes instead.

Traditionally, people would eat turkey with stuffing inside. People put cranberry sauce and gravy sauce on it. Also, it is common to see mashed potato and vegetables on the side.

